

mySPINE Health

Physician-Led, Patient-Centered, Rapid Recovery Program

mySPINEhealth Introduction

The mySPINE Health Rapid Recovery Program is designed to offer a safe, reliable and cost-effective solution for spine procedures to select patients while offering physicians increased efficiencies with high-quality standards. In addition, the program offers physicians the ability to meet the emerging market demands for appropriate spine patients while achieving increased continuity of care.

Overview of Program Benefits

- Physician-Led
- Improved Coordination of Patient Care
- Commitment to Superior Outcomes
- Continuous Performance Improvement
- Increased Patient Satisfaction; Higher Nurse-to-Patient Ratio
- Collaborative Team Work and Administrative Support

The Opportunity

Clinical Advancements



Advances in clinical protocols and technology continue to shift procedures from the inpatient to the outpatient setting and provide for opportunities to safely perform spine procedures in ASCs.

Market Growth



U.S. market statistics indicate a steady increase in common spine procedures including spinal fusion, microdiscectomy, ADR, and Minimally Invasive Spine Surgery.

Over the next three years the industry is expected to see a 23% increase in outpatient spine procedures.

Comprehensive Approach



By utilizing a comprehensive approach that couples physician leadership with USPI's ASC industry experience, we can accomplish:

- Spine procedures in a lower-cost setting
- Improved patient care
- Increased continuity of care

Most common spine procedures in a short-stay setting include:

Laminotomy, ACDF, Laminectomy, Vertebroplasty, Kyphoplasty, and Cervical Disc Replacement.

ABOUT USPI:

Since 1998, USPI has been an industry leader in the short-stay surgical business. We continue to maintain our commitment to our physician partnerships and the critical alignment that allows us to collectively deliver the highest-quality care with outstanding service to our patients. Overall, we are able to leverage our size, scope, and experience to deliver best practices for complex spine procedures.

mySPINE Health

Commitment to Patient Satisfaction and Quality Outcomes

Our Mission:
"to provide first-class surgical services for the local community in a safe, comfortable, and welcoming environment - one in which we would be happy to treat our own families."

Delivering the highest quality care with outstanding service is USPI's core mission. By providing our physicians with a superior environment of care driven by today's proven processes and best practices, and coupled with increased efficiencies, the mySPINE Health Rapid Recovery Program will allow us to continue our mission, throughout the complete continuum of care.

The mySPINE Health Rapid Recovery Program will ensure the Patient/Family experience is as good or better than what is being offered elsewhere today. Several important process measures and outcome metrics will be monitored to make certain we keep our commitment. The areas of focus and monitoring include:

- Preoperative office visit
- Patient education, preparation and planning
- ASC Experience: preparation, surgical operation, and post-anesthesia care unit
- ASC stay and discharge process
- Post-discharge rehabilitation and follow-up care

mySPINE Health Implementation



USPI's team of industry leaders and content experts have created customizable clinical guidelines and a business operation model for ease of implementation, providing first-to-market capabilities for this service that include:

- Facility readiness checklist
- Business and clinical operations
- Outcome measures and metrics
- Proforma
- Implementation team
- Full scope resource and contact list
- Regulatory and governance
- Patient education



The physician, in conjunction with the MEC, customizes all clinical protocols and defines criteria for:

- Patient selection
- Patient education preparation
- Communication with each care team discipline, family and others involved in the postoperative continuum of care

Ask us about leading a local program, and learn how USPI creates relationships that create better care – like the mySPINE Health Rapid Recovery Program.